

FOOD ALLERGIES AND ANAPHYLAXIS

SAMPLE CHECKLIST FOR QUALITY IMPROVEMENT MONITORING

Systematically collect data on types of allergies, number and reasons for occurrences (incidence),
and management of food allergies/allergies
Systematically collect data on emergency response for food allergy exposures and anaphylaxis
Develop a data tracking tool to include:
Student's name
Those involved
 How the student was exposed to the allergen
 What was the response (timing of the response, was EAI provided, number
of EAI doses, 911/emergency services notified)
 What was the student outcome (hospitalized, returned home, returned to
school)
Conduct post-event debriefing following all food allergy and anaphylaxis events
 Review the data tracking form
 Identify gaps in protocol
 Identify other concerns
Revise school policy and protocols as indicated per post-event debriefing
At least annually review, and update as needed, school policy, programs, and protocols related to
food allergies and anaphylaxis
 Review the goal of school policy, programs, and protocols
Review trends
Review gaps in protocol
 Identify issues